



## November Gym Schedule

**\*YMCA Sports Begin November 17th, Mon-Thur 5:00pm to 9:00pm Practices**

**Winter Sports Evaluations will take place in the Gym Nov 4th 530pm to 9pm and Nov 8th 930 am, 1030am and 1130am**

| MONDAY                            | TUESDAY                 | WEDNESDAY                         | THURSDAY                | FRIDAY                 | SATURDAY            | SUNDAY              |
|-----------------------------------|-------------------------|-----------------------------------|-------------------------|------------------------|---------------------|---------------------|
| 5am-10:30am<br>Open Gym           | 5am-12pm<br>Open Gym    | 5am-10:30am<br>Open Gym           | 5am-12pm<br>Open Gym    | 5am-12pm<br>Open Gym   | 8am-6pm<br>Open Gym | 1pm-6pm<br>Open Gym |
| 10:30am-11:30am<br>Group Ex Class | 12pm-2pm<br>Pickleball  | 10:30am-11:30am<br>Group Ex Class | 12-2pm<br>Pickleball    | 12pm-2pm<br>Pickleball |                     |                     |
| 11:30am-12pm<br>Open Gym          | 2pm-5pm<br>Open Gym     | 11:30am-12pm<br>Open Gym          | 2pm-5pm<br>Open Gym     | 2pm-9pm<br>Open Gym    |                     |                     |
| 12pm-2pm<br>PickleBall            | *5pm-9pm<br>YMCA Sports | 12pm-2pm<br>PickleBall            | *5pm-9pm<br>YMCA Sports |                        |                     |                     |
| 2pm - 5pm<br>Open Gym             |                         | 2pm-5pm<br>Open Gym               |                         |                        |                     |                     |
| *5pm-9pm<br>YMCA Sports           |                         | *5pm-9pm<br>YMCA Sports           |                         |                        |                     |                     |
|                                   |                         |                                   |                         |                        |                     |                     |

**Open Gym** - During Open Gym, the court is available for individual shooting and shoot around; full-court play is not permitted.

**Group Exercise Classes** - The courts will be reserved for Group Exercise classes as needed.

**Youth Development** (Out-of-School Days/Summer Day Camp) - On school closure days, Youth Development may use the gym if weather conditions prevent outdoor activities.

**YMCA Sports Programs** - The courts will be reserved for YMCA youth and adult sports programs - Fall sports end in October.

**Please Note:** The YMCA reserves the right to adjust the gym schedule as needed and may close the gym without prior notice. In cases of inclement weather, extreme heat, or school closures, the gym may also be reserved for Youth Development and/or Wellness programs. Thank you for your understanding and support.

**Our Mission:** "Helping all people reach their God-given potential in spirit, mind and body."